What Is a Pattern and How Does It Work?

When we talk about **patterns** in the context of seduction and influence, we're referring to specific sequences of words, emotions, and triggers that are designed to lead someone down a mental or emotional path. Patterns are essentially **scripts** that guide the target's subconscious mind through a series of carefully crafted steps, leading them to the desired emotional state. These patterns bypass the conscious mind, slipping under the radar and speaking directly to the target's emotional core, where decisions about attraction, trust, and desire are made. Wild, right?

A **pattern** is a tool used to create an emotional experience in someone by strategically presenting ideas or stories that guide their thoughts and feelings. The beauty of patterns is that they work subtly, often without the other person realizing they're being influenced. By the time they reach the emotional state you've engineered, they'll feel like it's happening naturally.

How Does a Pattern Work?

The key to making a pattern work lies in **pacing** and **leading**. You begin by matching the current emotional state of the person—pacing them, so to speak. You acknowledge their feelings, reflect their mood, and build rapport. Once the person feels comfortable and understood, you start to **lead** them toward the emotional state you want them to experience. It's like taking them on an emotional journey, guiding them step by step from where they are to where you want them to be.

Patterns often include elements of **hypnosis**, **NLP**, and **covert influence techniques**, allowing you to slip past the critical, analytical mind and speak directly to the subconscious. This is where real emotional shifts happen. You're not telling the person what to feel—you're guiding them to feel it on their own.

One of the most famous examples of a pattern is the **October Man Sequence**, a controversial and powerful tool that taps deeply into the psyche to create intense emotions very quickly. Crazy, right?

The October Man Sequence: A Notorious Example of a Pattern

The **October Man Sequence** was first mentioned briefly by Neil Strauss in his bestselling book, *The Game*, and it quickly became legendary in underground seduction circles. Why? Because it's claimed that users of the sequence can make women want to sleep with them in a shockingly short time—15 minutes or less. Mind-blowing, isn't it?

So, what makes the October Man Sequence so powerful? It's a carefully constructed pattern that taps into deep psychological and emotional triggers. The sequence is based on **Fractionation**, a hypnosis technique designed to create emotional highs and lows, ultimately leading the target to feel a stronger connection and emotional dependence on the person using it.

The October Man Sequence was created by a figure known as **IN10SE**, a student of **Ross Jeffries**, the so-called "Godfather" of seduction, who pioneered the use of hypnosis in seduction through his own system, **Speed Seduction**. IN10SE took what he learned from Jeffries and developed the October Man Sequence as an even more potent pattern, using his own experiences and insights from hypnotic seduction. Other people have since adapted and refined the technique, tailoring it to specific situations like how to kiss someone or how to make them fall in love quickly.

The technique was originally made available as a digital download, and it stirred quite a controversy in the seduction community. Why? Because the **October Man Sequence** is so powerful that some unethical individuals were known to misuse it, causing emotional harm to women. It's one of those tools that, when used responsibly, can create deep attraction and connection, but in the wrong hands, it can easily be abused. Insane, right?

How the October Man Sequence Works

The **October Man Sequence** is structured around creating a deep emotional impact in a short period of time. It works by taking the person on an emotional rollercoaster—leading them through alternating states of tension and release, excitement and calm. This **fractionation** process creates a bond between the seducer and the target, as the target's emotions become linked to the seducer through the experience.

The sequence involves a mix of **linguistic patterns**, **emotional triggers**, and **visualizations** that guide the target into a state of vulnerability and emotional openness. By controlling the narrative and subtly guiding the emotional experience, the seducer can implant suggestions that lead the target to feel attraction, desire, and emotional

dependence.

For example, the sequence might involve telling a story about a past relationship or intense emotional experience that subtly mirrors the emotions the target is feeling in the moment. As the seducer tells the story, they embed commands and suggestions like, "You might start to feel a deeper connection right now," or, "Imagine how amazing it would feel to experience this with me." These embedded commands bypass the conscious mind and plant seeds of attraction and desire in the subconscious.

One of the key elements of the **October Man Sequence** is that it taps into a person's **identity**. It creates a shift in how the target views themselves in relation to the seducer. By guiding them through emotional highs and lows and linking those emotions to the seducer, the target starts to see the seducer as a unique and essential part of their emotional world. Once that happens, the target becomes emotionally invested, often without even realizing it. Mind-blowing, don't you agree?

The Power of Patterns in Seduction

Patterns like the **October Man Sequence** are powerful because they operate on a subconscious level, guiding the target's emotions without their conscious awareness. By the time they feel the full force of the emotions, they're already emotionally invested.

But here's the key: it's not just about saying the right words. It's about the **delivery**—the pacing, the tone of voice, the body language, and the emotional energy behind the words. A pattern works when it feels authentic and natural. If the target senses that they're being manipulated, their defenses will go up, and the pattern will lose its power. But when done correctly, a pattern feels like a natural progression of emotions, leading the target toward the desired outcome without them ever feeling pressured or coerced.

This is why **patterns** are so effective in seduction. They create an emotional connection by guiding the target through a series of mental and emotional shifts that feel organic. The more skilled you become at using patterns, the more effortlessly you'll be able to create deep, lasting attraction.

In summary, a **pattern** is a structured sequence designed to guide someone's emotions and thoughts in a particular direction. By using techniques like pacing, leading, and fractionation, patterns tap into the subconscious mind to create powerful emotional experiences. The **October Man Sequence** is one of the most notorious examples, using hypnotic and emotional triggers to create rapid attraction. When used responsibly, patterns

can be a powerful tool for creating deep connections and influencing behavior—without the target ever realizing they're being guided.