

Reading Time: 4 minutes

## Suggestions and Commands in Seduction

In the world of seduction, subtlety is your greatest ally. Imagine being able to plant ideas, emotions, or desires directly into her subconscious—all without her realizing you're doing it. That's the power of suggestions and commands. These techniques allow you to speak to her subconscious mind, leading her thoughts and emotions subtly, so she feels like the ideas were her own. Done skillfully, it creates an irresistible pull, a powerful connection where she is drawn to you on a level she can't quite explain.

Let's dive into how to master the art of giving suggestions and commands in a way that feels natural, unforced, and yet profoundly influential.

### 1. The Power of Subtle Suggestions

When you suggest something indirectly, you plant an idea without explicitly stating it. This type of suggestion bypasses her conscious defenses, slipping under the radar and taking root in her subconscious mind. For instance, instead of saying, "You should relax," try something like, "It's amazing how easy it is to feel comfortable when you're in good company, isn't it?" This phrasing leads her mind toward the feeling of comfort naturally.

#### **Example of Subtle Suggestion:**

Imagine you're sitting together, and you subtly say, "Sometimes, when people feel completely at ease, they find themselves opening up without even thinking about it." This is a suggestion that invites her to feel more relaxed and open without directly asking her to do so.

### 2. Embedded Commands: Speaking Directly to Her Subconscious

Embedded commands are simple yet powerful tools that allow you to give instructions in a covert way. They involve hiding a direct command within a sentence, so it feels like part of a natural conversation. Her conscious mind overlooks it, but her subconscious mind picks up on it, subtly guiding her thoughts and behaviors.

#### **How to Use Embedded Commands:**

When you use embedded commands, place emphasis on the command phrase to subtly highlight it. For example, instead of saying, "You should feel drawn to me," say, "Some people find themselves *feeling drawn* to people who truly understand them." The phrase

*feeling drawn* serves as the embedded command, gently guiding her toward that emotional state.

### **3. Utilizing Double Binds for Influence**

A double bind presents two options, both of which lead to the outcome you desire. This technique gives the illusion of choice, while actually guiding her toward the intended path.

#### **Example of Double Bind:**

Imagine saying, “Do you feel more comfortable relaxing here, or would you prefer sitting closer?” Both options imply a sense of closeness, leaving her subconsciously guided toward spending more time with you. This technique subtly narrows down her choices, gently steering her in a way that maintains her sense of agency.

### **4. The Art of Open Loops and Unresolved Statements**

Open loops involve creating curiosity or anticipation by leaving something unsaid, prompting her to think about it long after the conversation has ended. This technique keeps her mentally engaged, creating a powerful draw that makes her want to continue the interaction.

#### **Example of Open Loop:**

“Sometimes, I feel like there are hidden things that only reveal themselves over time... Have you ever felt that?” This statement opens a loop that keeps her wondering, creating an emotional connection that lingers in her mind.

### **5. The Power of “You Might Start To...” Phrasing**

Phrases like “you might start to...” or “you may notice...” gently suggest behaviors or feelings without directly commanding them. This phrasing allows her to feel like she’s arriving at the emotion or thought on her own, making it more powerful and believable.

#### **Example of Using “You Might Start To...”:**

“You might start to feel incredibly relaxed just being here.” This phrasing introduces the idea of relaxation in a way that feels natural and unforced, planting the suggestion without creating resistance.

## 6. Using Cause and Effect Language

Cause and effect language links one action to another, making it feel as though one naturally leads to the other. By associating certain actions or feelings, you can guide her subconscious mind into associating you with positive emotions or experiences.

### Example of Cause and Effect:

“When you laugh, it’s like every worry just fades away.” This statement suggests that laughing (which you can initiate) leads to a sense of relief, subtly associating yourself with that positive feeling.

## 7. Practical Tips for Using Suggestions and Commands Effectively

Using suggestions and commands is an art that requires finesse. Here are some practical tips to help you use these techniques in a way that feels natural and effective:

- **Use a Relaxed Tone:** Suggestions work best when they don’t feel forced. Speak in a relaxed, conversational tone to keep her subconscious open and receptive.
- **Pace and Lead:** Start by matching her current emotional state and then subtly guide her to where you want her to go. This creates a smooth, natural progression.
- **Be Mindful of Timing:** The impact of suggestions and commands increases when they’re delivered at the right moment, such as during moments of laughter, relaxation, or shared emotion.
- **Use Pauses:** Pauses can create space for her subconscious mind to absorb the suggestion. For instance, “You might... feel surprisingly at ease... as you spend more time here.”

## 8. Putting It All Together: Crafting a Powerful Suggestion Sequence

Now, let’s combine these elements to create a seamless flow of suggestions and commands that build connection and attraction.

### Example Sequence:

You’re sitting together in a cozy, relaxed setting. After a few minutes of conversation, you say, “You know, it’s funny... sometimes when people are really comfortable...” (pause) “...they start to *feel connected* without even realizing it. Have you ever noticed that?” As she agrees, you add, “And it’s amazing how... the more comfortable you feel, the more you might *start to realize* how rare it is to connect with someone on this level...”

This sequence uses subtle suggestions, embedded commands, and open loops to create an experience of connection that feels natural and builds upon itself. Each layer adds to the emotional engagement, drawing her deeper into the moment with you.

## **Conclusion: Commanding Attraction with Precision**

Mastering suggestions and commands is like wielding an invisible thread, one that subtly binds her thoughts and emotions without her even knowing. These techniques aren't about manipulation but about creating an experience that feels natural, where emotions flow easily and attraction grows effortlessly. By carefully choosing your words, phrasing, and timing, you become a master of subtle influence, guiding her mind in ways that resonate deeply.

In our next lesson, we'll dive into **Weasel Words for Covert Control**, exploring how seemingly innocuous words can bypass her conscious defenses, allowing you to communicate directly with her subconscious mind for even deeper influence.